

7.hair colour

“My real hair color is kind of a dark blonde. Now I just have mood hair.” - Julia Roberts

Change your hair, change your life.

My real hair colour is also kind of a dark blonde, which I dyed various shades of red for the last ten years or so, ever since I saw Rene Russo in *The Thomas Crown Affair*. I loved her character – the wit, the style, the sexiness, the sheer presence.

The most bizarre thing happened when I first went red. Suddenly, people listened to me when I spoke and were respectful when I showed any sign of temper whatsoever. I immediately received the imposed personality of a redhead without changing a thing other than my hair colour. This can work to your advantage.

If you feel that you are treated like someone else on a regular basis, think about the extremely shallow but effective ploy of changing the way people see you by changing your hair colour.

A pleasant side effect is that it covers up grey hair so you never feel like you are getting old.

It might sound silly, but it works.